

In The Name of God



## Personal Information

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### Current Position:

Assistant Professor (**In progress for becoming the Associate Professor**), Department of Health and social welfare, School of Management and Medical Information Sciences, Isfahan University of Medical Sciences

### PROFESSIONAL ADDRESS:

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## Academic Education

**PhD in Social welfare and Health:** 2015; University of Social Welfare and Rehabilitation Sciences-Tehran

**MSc in Social Welfare:** 2010, University of Social Welfare and Rehabilitation Sciences-Tehran

**BSc in Public Health:** 2007, Iran University of Medical Sciences-Tehran

### MSc. Dissertation:

The measurement of poverty and income inequality in Kerman Province

### PhD Thesis:

Multidimensional Poverty of “Child within Household” in Iran: A trend study: 1984-2012

## Research interests

- Social Determinants of health
- Social Health
- Quantitative research methods
- Social Harms
- Multidimensional poverty
- Child poverty
- Social welfare issues

## WORK EXPERIENCE

**Current:** Assistant professor, Department of Health and social welfare, School of Management and Medical Information Sciences, Isfahan University of Medical Sciences

Member of research council in Social Determinants of Health Research Center, Isfahan University of Medical Sciences

**2014-2015:** Head of Public Health Department, Sirjan college of Medical Sciences, Kerman University of Medical Sciences

**2010-211:** Social worker expert (Social Harms), Sirjan organization of Welfare

## TEACHING EXPERIENCE

- Social harms and deviants,
- Sociology(Basic)
- Medical Sociology
- Public health
- Mental health and addiction
- Epidemiology(communicable and none communicable diseases)
- Research Methods(Qualitative and Quantitative)
- Social health
- Social Services for vulnerable groups
- General Psychology
- Preventive skill from social deviances

## **Publications**

### **A) BOOK**

- 1) **Title:** Social Determinants of Health: An Interdisciplinary Approach to Social Inequality and Well-being  
**Publisher:** Isfahan University of Medical Sciences, Isfahan, 2020  
**Translated and edited by:** Mehri Shams Ghahfarokji, Mohamad reza Ghasemi, **Mehdi Nosratabadi,**
- 2) **Title:** The Social Determinants of Mental Health  
**Publisher:** Jameeshenasan, Tehran, 2018  
**Translated and edited by:** **Mehdi Nosratabadi,** Mostafa Amini-Rarani
- 3) **Title:** An introduction to Early Childhood Development: Spheres of influence, Model, Indicators and Policy Making  
**Publisher:** FarhangPajohan, Tehran, 2017  
**Author:** **Mehdi Nosratabadi,**
- 4) **Title:** An introduction to: Concept, Indicators and Measurement of Multidimensional Child Poverty.  
**Publisher:** Jameeshenasan, Tehran, 2016  
**Author:** **Mehdi Nosratabadi**
- 5) **Title:** Ideology and Welfare  
**Publisher:** Jameeshenasan, Tehran, 2013  
**Translated and edited by:** **Mehdi Nosratabadi,** Seyed Hosein Mohaqeqi Kamal

### **B) JOURNAL PAPERS (ISI, PubMed, Scopus and ISC Indexed)**

- 1-Amini-Rarani M, Vahedi S, Borjali M, **Nosratabadi M\***. Socioeconomic inequality in congenital heart diseases in Iran. International journal for equity in health. 2021 Dec; 20(1):1-1.
- 2-Halvaiepour Z, **Nosratabadi M\***. Identifying Social perceptions of people ignoring COVID-19 warnings: a qualitative study in Iran. BMC research notes. 2021 Dec; 14(1):1-5.
- 3-Borjali M, Amini-Rarani M, **Nosratabadi M\***. Nonmedical Determinants of Congenital Heart Diseases in Children from the Perspective of Mothers: A Qualitative Study in Iran. Cardiology Research and Practice. 2021 Aug 17; 2021.

4-Amini-Rarani M, Mansouri A, **Nosratabadi M\***. Decomposing educational inequality in maternal mortality in Iran. *Women & Health*. 2021 Jan 5:1-0.

5-**Nosratabadi M**, Halvaiepour Z. Identifying Psychological Perceptions of People Ignoring the Novel COVID-19 Warnings: A Qualitative Thematic Analysis in Isfahan, Iran. *Integrative Psychological and Behavioral Science*. 2021 Mar 16:1-6.

6-**Nosratabadi M**, Heidari Z, Moeeni M, Ponnet K. Construction and examination of an early childhood development composite index: Evidence from Iran's multiple indicator demographic and health survey. *International Journal of Preventive Medicine*. 2021 Jan 1;12(1):51.

7-Amini-Rarani M, **Nosratabadi M\***. Content analysis of the official curriculum of undergraduate degree in Iran's medical sciences universities from the perspective of social health: A qualitative study. *Journal of Education and Health Promotion*. 2021 Jan 1;10(1):182.

8-Khankosh M, Amini Rarani M, **Nosratabadi M\***. Effect of anger management training on aggression and anxiety of working children. *Koomesh*. 2020 Apr 10;22(2):255-62. [In Persian].

9-Halvaiepour Z, Yazdkhasti F, Oreyzi HR, **Nosratabadi M**. Developing Cognitive Bias Modification Scenarios for Women with Sexual Interest Arousal Disorder and Comparing Effectiveness with Mindfulness Therapy. *Journal of Sex & Marital Therapy*. 2020 Nov 13:1-2.

10-Abutoraabi S.H., Rarani M.A., **Nosratabadi M\***. Mirlohi M. Investigating social health of bakers and the related factors in Isfahan, Iran. *Iran Occupational Health*, 2020, 17(1), pp. 17–21.

11-**Nosratabadi M**, Halvaiepour Z. Psychological determinants of drug abuse among male adolescents in Isfahan: A structural model. *International journal of preventive medicine*. 2019; 10.

12-Amini-Rarani M, **Nosratabadi M\***. Assessing the met and unmet needs among elderly people in Isfahan, Iran: A mixed method. *JOURNAL OF GERONTOLOGY AND GERIATRICS*. 2019 Dec 15; 67:195-9.

13- Amini-Rarani M, Keyvanara M, **Nosratabadi M\***. Content analysis of official curriculum of medical sciences from the perspective of early childhood development. *Iranian Journal of Medical Education*. 2019 Apr 10; 19:506-17. [In Persian].

14-**Nosratabadi M**, Rarani MA, Shahidi S, Rahimi N. An exploratory study into social and healthcare variables of maternal mortality: a case-control study. *Journal of perinatal medicine*. 2019 May 27; 47(4):409-17.

- 15-Rarani MA, **Nosratabadi M**, Moeeni M. Early childhood development in Iran and its provinces: Inequality versus average. *The International journal of health planning and management*. 2018 Oct;33(4):1136-45.
- 16-**Nosratabadi M**, Halvaiepour Z ,The mediating role of social support on the relation between social capital and satisfaction with self-care program in patients referring to cardiac rehabilitation centers in Isfahan, *koomesh journal*,2018;7(2). [In Persian].
- 17-**Nosratabadi M**, Nabavi SH, Rashedi V, Rarani MA. Socioeconomic determinants of health-care and emotional needs among Iranian older adults in Isfahan. *Journal of education and health promotion*. 2018; 7.
- 18- **Nosratabadi M**, Halvaiepour Z, Abootorabi SH. Craving for cigarette smoking among male adolescents in Isfahan based on mindfulness and emotional self-regulation. *International journal of adolescent medicine and health*. 2017 Jun 6; 30(6).
- 19-**Nosratabadi**, M, Halvaiepour Z .The mediating role of Emotion Regulation in relationship between Criticism and Cigarette smoking among male adolescents in Isfahan, *International Journal of High Risk Behaviors and Addiction* ,2017;7(2)
- 20-**Nosratabadi M** , Amini Rarani M, Sharifian Sani2 M , Vameghi M, Poverty Trends in Health and Nutrition Expenditures in Tehran Housholds during 1984 -2014: A Cohort Approach, *Journals of Evidence Based Health Policy, Management & Economics (JEBHPME)*. 2017; 1 (1): 8-16.
- 21- **Nosratabadi M**, Halvaiepour Z, Ghaed Amini Harooni G.H, Predicting Suicide Ideation Based on Psycho-Social Factors and Probability of Drug Abuse in Soldiers: A structural mode .*Ilam University of Medical Science*, 2017; 6(24):87-96. [In Persian]
- 22-Halvaiepour Z, **Nosratabadi M\***, Khanzadeh M. External criticism by parents and obsessive beliefs in adolescents in Iran: the mediating role of emotional self-regulation. *International journal of adolescent medicine and health*. 2016;29(6).
- 23-Halvaiepour Z,**Nosratabadi M\***. External Criticism by Parents and Obsessive Beliefs in Adolescents: Mediating Role of Beliefs Associated With Inflated Responsibility. *Global Journal of Health Science*; Vol. 8, No. 5; 2016
- 24-**Nosratabadi**, M, Halvaiepour Z. "A Structural Equation Modeling of the Relationships between Depression, Drug Abuse and Social Support with Suicidal Ideation among Soldiers in Iran in 2015." *Journal of Research in Health Sciences* 4.16 (2016): 212-216
- 25- **Nosratabadi M**, Halvaiepour Z. Health Cohort Analysis of Poverty Trends in Health Costs of Households with Children in Urban and Rural Areas of Kerman Province, Iran, during 1984-2012. *Health Inf Manage* 2016; 13(3): 229-34. [In Persian].

- 26-**Nosratabadi M**, Charkhlou E, Halvaeipour Z. Multidimensional Poverty of “Child within Household” in Kerman Province: A Cohort Approach: 1984-2012. *Journal of Social Development*. 2016;11(1):35-52. [In Persian].
- 27-**Nosratabadi M**, Halvaeipour Z. Nutritional poverty trend in children of urban and rural areas in Kerman province: Cohort approach (1984-2012). *The Journal of Qazvin University of Medical Sciences* 2015; 19(3):27-34. [In Persian].
- 28-**Nosratabadi M**, Dabbaghi P. Evaluation of suicidal thoughts based on substance abuse and social support in soldiers. *EBNESINA* 2015; 16(48):1-12. [In Persian]
- 29-**NosratAbadi M**, Sharifian sani M, Vamaghi M. Analysis of Health Poverty trend in Tehran Housholds using Health Financial Contribution and cohort approach: 1984-2012. *Journal of Sabzevar University of Medical Sciences* 2015; 21(6):1045-1054. [In Persian].
- 30-**Nosratabadi M**, Halvaeipour Z, Sadeghi R. EXPLORING THE RELATIONSHIP BETWEEN SOCIAL CAPITALS, AND SOCIAL SUPPORT WITH MOTHER’S HEALTH IN MOTHERS REFERRING TO HEALTH CENTERS OF SIRJAN CITY: A STRUCTURAL MODEL, *The Journal of Urmia Nursing and Midwifery* 2015; 13(9):781-790. [In Persian].
- 31- **Nosratabadi M**. Assessment of income inequality in Kerman province and Comparison with appropriate indices at the National level: 1989-2011 (as an important factor in the spread of social harms). *International Journal of Psychology and Behavioral Research* 2014; 1(1):547
- 32-**Nosratabadi M**, Sharifian Sani M, Raghfar H, Negin V, Rahgozar M. Uni amd Multideimensional poverty of ‘child within household’ in urban and rural areas of Iran in 2012. *Indian Journal of Fundamental and Applied Life Sciences* 2014; 4:1317-1323
- 33-Saber M, **Nosratabadi M\***. Social support and health-related quality of life in elderly people covered by the Welfare organization of Kerman city. *Journal of Health and Development* 2014;3(3):189-199. [In Persian].
- 34-**Nosratabadi M**, Sharifian Sani M. Theoretical approaches to child poverty: from Uni-dimensional approach to multidimensional approaches. *International Journal of Psychology and Behavioral Research* 2014;1(3):498-511
- 35-Halvaeepour Z, **Nosratabadi M**. Mental health, Coping strategies and social support among students of Sirjan college of Medical Sciences: 2012-2013. *Community Health Journal* 2014; 8(1):45-54. [In Persian].

- 36-Halvaiepour Z,**Nosratabadi M\***. Validation of the Persian Version of " Responsibility Beliefs Questionnaire" in Iranian Adolescents. Journal of Rafsanjan University Of Medical Sciences 2014; 13(5):471-480. [In Persian].
- 37-**Nosratabadi M**, Sharifian Sani M, Negin V, Babapour M. Health Poverty Trend among families with child using Health Financial Contribution and cohort approach: 1984-2012.Health in the field 2014;2(2):27-35. [In Persian].
- 38-Halvaiepour Z. Khormaei F.Khanzadeh M, **Nosratabadi M**. Validation of the Persian Version of Obsessive Beliefs Questionnaire-Child and Teenager Version in Group of Iranian Adolescents. Journal of Shaeed Sdoughi University of Medical Sciences 2013;21(3):310-329. [In Persian].
- 39- Sajadi H,Vameghi M,Forozan A,Rafiey H,Mohagheghee Kamal SH,**Nosratabadi M**. Prevalence, risk factors and interventions of depression during pregnancy in Iranian Studies (1997-2011): A systematic review. Journal of North Khorasan University of Medical Sciences 2013;5(2):521-530. [In Persian].
- 40- **Nosratabadi M**. Evaluation of the Trend of Inequality in Food Costs of Kerman Province and Comparison with National Indices (1989-2005). Journal of Rafsanjan University of Medical Sciences 2013; 12(2):115-126. [In Persian].
- 41- Sajadi H, Mohagheghee Kamal SH, Vameghi M, Forozan A, Rafiey H, **Nosratabadi M**. Systematic review of prevalence and risk factors associated with depression and its treatment in Iranian elderly. Iranian Journal of Ageing 2013; 7(27):7-15. [In Persian].
- 42-**Nosratabadi M**,Abdollahi A,Amanifar A.The relation between social bonds with committing delinquent behaviours in student of Tehran city. Social Security Studies 2013; 34:67-86. [In Persian].
- 43-**Nosratabadi M**, Abdollahi A,Raghfar H,Salehi M. Poverty in Kerman Province. Social Welfare Quarterly 2011; 11(42):31-334. [In Persian].

## Research Projects

1) Psychological Perceptions of People Ignoring the Novel COVID-19 Warnings: A Qualitative Study

**“Principal investigator”**

Funded by: Isfahan University of Medical Sciences, 2020

2) Content analysis of educational curriculums in Isfahan University of Medical Sciences regarding Social Determinants of Health

**“Principal investigator”**

Funded by: Isfahan University of Medical Sciences, 2018

3) Construction and examination of early child development composite index based on geographical and gender division in Iranian households

**Principal investigator”**

Funded by: Isfahan University of Medical Sciences, 2017

4) Explaining Cravings towards Cigarette Smoking among Adolescent in the City of Isfahan based on Mindfulness, Emotion Regulation and criticism by parents

**“Principal investigator”**

Funded by: Isfahan University of Medical Sciences, 2016

5) Assessing the needs among elderly people in Isfahan, Iran: A mixed method

**“Principal investigator”**

Funded by: Isfahan University of Medical Sciences, 2016

6) Exploring Relationship between social capitals, social support with Mother’s health with child referring to health centers of Sirjan city

**“Principal investigator”**

Funded by: Kerman University of Medical Sciences, 2014

7) An investigation on the empowerment index and its related factors in type 2 diabetes Patients of Sirjan city.

**“Co-investigator”**

Funded by: Kerman University of Medical Sciences, 2014

8) Social support and health-related quality of life in elderly people covered by the Welfare organization of Kerman city.

**“Co-investigator”**

Funded by: Kerman University of Medical Sciences, 2013

9) Measurement and Analysis of Health Poverty trend in Tehran Housholds.

**“Principal investigator”**

Funded by: University of Social Welfare and Rehabilitation. 2014

10) Analysis of Nutritional poverty trend in Household with children in Kerman province

**“Principal investigator”**

Funded by: Kerman University of Medical Sciences, 2014

11) The relation between social bonds with committing delinquent behaviors in student of Tehran city.

**“Co-investigator”**

Funded by: University of Social Welfare and Rehabilitation. 2012

12) Structural Equation Model of Depression, Drug abuse, Social support and family factors with Probability of Suicide attempts in Soldiers.

**“Principal investigator”**

Funded by: Aja University of Medical Science, 2015

13) Status of mental health in students of Sirjan college of Medical Sciences,

**“Principal investigator”**

Funded by: Kerman University of Medical Sciences, 2014

14) Multidimensional Poverty of “Child within Household” in Kerman Province: A Cohort approach: 1984-2012

**“Principal investigator”**

Funded by: Jiroft University of Medical Sciences, 2014

15) Identifying the factors of resilience among female with addicted spouse in Sirjan city

**“Principal investigator”**

Funded by: Kerman University of Medical Sciences, 2012

## **Designing and Planning Workshops**

### **-Strategic Planning in Social welfare and Social Services**

Isfahan welfare Organization, 2018

### **-Social Determinants of Health: Concept and Models (held in Isfahan and Lorestan)**

Isfahan University of Medical Sciences 2016, 2017

Lorestan University of Medical Sciences 2016, 2017

### **-Socio-economic inequality in health**

Isfahan University of Medical Sciences 2016

### **-Research Method in health sciences,**

Sirjan College of Medical Sciences, 2014

### **-Advanced Searching**

Sirjan College of Medical Sciences, 2014

### **-Proposal Writing**

Sirjan College of Medical Sciences, 2015

**-STATA Software learning course**

University of Social Welfare and Rehabilitation. 2015

**Presentation in National Conferences**

- 1) Specialists Panel Member and Key speaker: The 3<sup>th</sup> International and 8<sup>th</sup> congress on Health Education and Promotion, Isfahan, Iran, 2017**
- 2) Multidimensional child poverty in Iran:** the 1st National conference on Social Policy in Iran, Tehran 2016
- 3) The status of income inequality in Kerman Province:** The 2th National Congress of Iran's Social Harms, Tehran 2011
- 4) Caring for the elderly: A challenge for Welfare society:** Congress of Iran Social Work, Gonabad, 2011
- 5) Housing poverty of households with child in Iran:** National Congress of Social Welfare in Six Development Plan, Tehran 2015

**Workshops attended**

2014-UNICEF Iran with cooperation of Maastricht University-Participated on Educational course on Child poverty

2015- University of Social Welfare and Rehabilitation sciences- Participated on Multilevel Analysis

2014- Iranian Research Institute for Information Science and Technology- Participated on Structural equation modeling with Lisrel Software

2011: University of Social Welfare and Rehabilitation sciences- Participated on Article writing in English

2011: University of Social Welfare and Rehabilitation sciences- Participated on Reference Manager Software

2011: University of Social Welfare and Rehabilitation sciences- Participated on Searching Electronic References: primary, intermediate and advanced"

2013: Kerman University of Medical Sciences-Participated on Systematic Review and Metaanalysis

2012: University of Social Welfare and Rehabilitation sciences Participated on "Analyzing data in qualitative methods"

### **Reviewing articles sent by Journals**

- 1) ARYA Atherosclerosis
- 2) Journal of health information management
- 3) International journal of preventive medicine
- 4) Journal of Ilam University of Medical Sciences
- 5) Journal of Applied Sociology
- 6) International Journal of High Risk Behaviors and Addiction
- 7)Koresh Journal
- 8) Journal of social health and addiction